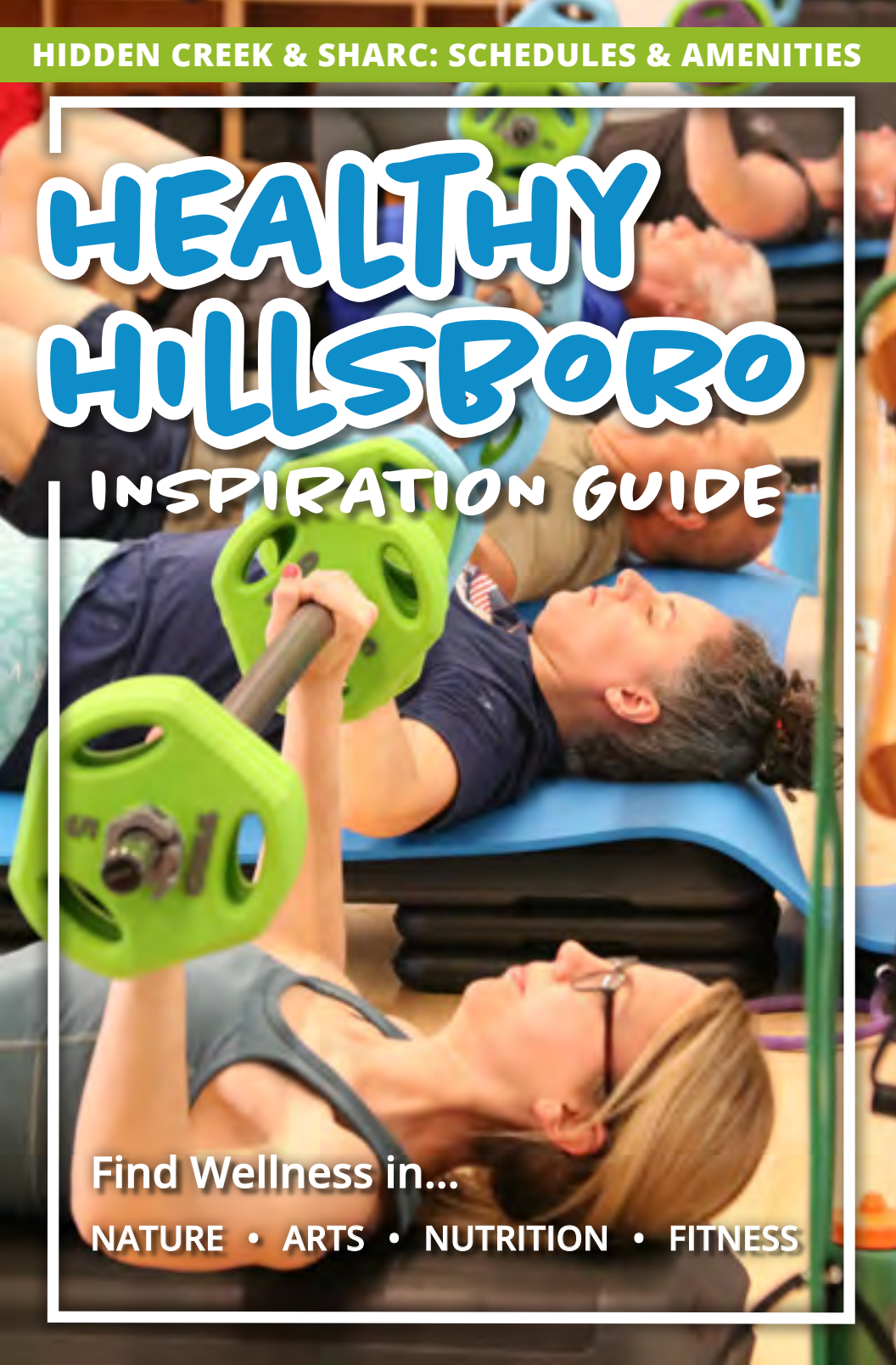
HIDDEN CREEK & SHARC: SCHEDULES & AMENITIES



HEALTHY HILLSBORO

INSPIRATION GUIDE

Find Wellness in...

NATURE • ARTS • NUTRITION • FITNESS

RELAX IN NATURE

AT JACKSON BOTTOM WETLANDS PRESERVE

Nature and wellness go hand in hand.
Slow down, breathe deeply, and reconnect with yourself.

At Jackson Bottom Wetlands Preserve,
you can nurture your body and mind.

Walk the trails. Immerse yourself in the beauty of the wetlands, wildlife, and changing seasons.

Step into the Nature Center.
Explore the natural history of the area and the animals that live here.

Special events bring community together in celebration of nature's wonders.

Explore quietly on your own
or engage with others.
Jackson Bottom is a place where
wellness and nature thrive together.

WELLNESS AT EVERY AGE

Hillsboro's Community Senior Center offers activities, services, and events, including:

- Fitness Classes
- Social Events
- Foot Care
- Hearing Tests

& more!

JOYFUL NOURISHMENT

The Senior Center serves lunch Tuesdays through Fridays at 12 pm. Enjoy three-course hot meals, with salad bar or vegetarian options. $6 lunch tickets can be purchased in person, starting at 10 am.

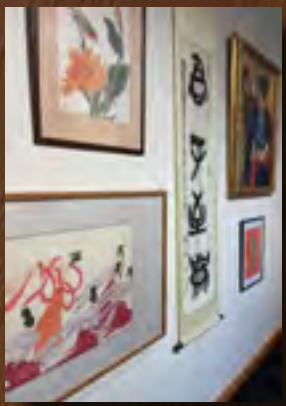
- Each patron can purchase up to two additional tickets.
- Space is limited. Popular menu items sell out quickly!
- See monthly menus online.

ARTFUL BALANCE

Explore arts, health, and wellness
at the Walters Cultural Arts Center.

Find inner peace with classes like Sound Bath, Ceramics, and Memoir Writing.

Art classes allow you to express your creativity and achieve relaxation and well-being.



Reflect on the art of others while you explore the gallery or absorb performances in the theatre.

PERSONAL TRAINING

Take your fitness and wellness to a new level.

Set personal goals. Create individualized workouts.

Maximize your fitness level.

One-on-one or small group sessions available.

Led by certified personal trainers. Land & water options available.

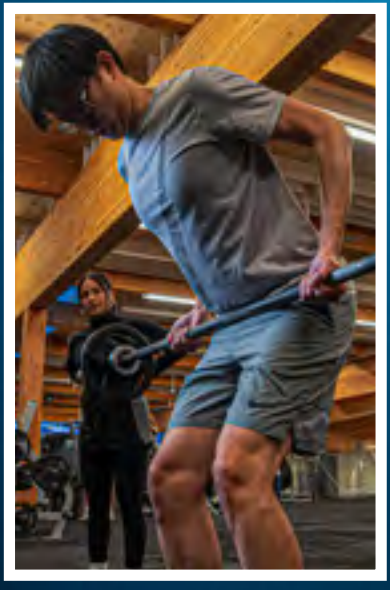
Scan to see options & pricing

Nutrition Consultation

Explore healthy eating habits, meal planning, and daily calorie needs.

Body Composition

Measure your fitness progress with a body composition analysis. Increase muscle mass, decrease body fat.



HIDDEN CREEK
COMMUNITY CENTER

Membership Amenities

- Inclusive cardio, weight & training equipment
- Two-court gymnasium
- Outdoor multi-sport courts
- Two fitness studios with dozens of weekly exercise classes
- Ping pong, air hockey & foosball tables
- Kids Club & more!

DROP-IN FITNESS CLASSES

Abs & Core
Barre
Bootcamp
Cycling
Pilates
Senior Strength
Tai Chi/ Qi Gong
Yoga
TRX
Zumba
& more!

Check the class schedule online!

Gym Activities

- Drop-in sports, including: basketball, volleyball, futsal, badminton & pickleball
- Family court times
- Gymtastics Play Zone
- Sensory Playtime
- Adaptive Recreation

See the full gym schedule online!

Scan QR code for membership options & fees

Get access to both SHARC *and* HIDDEN CREEK with a PREMIER PASS!

SHUTE PARK AQUATIC & RECREATION CENTER

Aquatic Amenities

- 3 Pools: Main, Warm Water, and Outdoor (Seasonal)
- Spa Pool & Dry Sauna (all gender)
- Lap swimming & water fitness classes
- Preschool & Recreation Swims
- Swim lessons for all ages & abilities *(registration required)*
- 117-foot water slide, diving board, and umbrella fountain

WATER EXERCISE CLASSES

Strength training, cardio & FUN!

Boost your energy, test your endurance, improve your flexibility!

Land Amenities

- Cardio & weight rooms
- Fitness & cycling studio
- Daily group classes
- SHARC shack snack bar
- Kids Club & more!

LAND EXERCISE CLASSES

No matter your fitness level, SHARC has group classes for you.

From traditional yoga to interval training, Zumba & more!

Scan for water and land exercise class schedules & descriptions

Pool Schedules:

- Individual Exercise
- Lap Swim
- Preschool Swim
- Recreation Swim
- Sensory Friendly Swim

SCAN FOR POOL SCHEDULE

HIDDEN CREEK
COMMUNITY CENTER

5100 NE Hidden Creek Drive
503-693-5900
Hillsboro-Oregon.gov/HiddenCreek

Monday – Thursday	5:30 am – 9 pm
Friday	5:30 am – 6 pm
Saturday	8 am – 4 pm
Sunday	10 am – 4 pm

Shute Park Aquatic & Recreation Center

953 SE Maple Street
503-681-6127
Hillsboro-Oregon.gov/SHARC

Monday – Friday	5:30 am – 9:30 pm
Saturday	7 am – 5:30 pm
Sunday	8 am – 5:30 pm

Pool availability varies. See schedules online.

Hours and amenities are current as of November 2025.

KIDS CLUB

Hidden Creek Kids Club

Ages 6 months to 8 years

Mon – Fri	8:15 am – 1:15 pm
Mon – Thurs	5 – 8 pm
Saturday	8 am – 12 pm

SHARC Kids Club

Ages 4 months to 8 years

Mon – Fri	8 am – 1:30 pm
Mon – Thurs	4 – 7: 45 pm
Saturday	8 – 11:30 am

Adult/guardian must remain on site. Fees apply. Max two hours per day. Discounts for residents!